

IMMACULATE HEART OF MARY PARISH
1758 Alta Vista Drive, Ottawa, ON, K1G 0G6
613-733-9636 | ihmparish@rogers.com | www.ihmparish.ca

FIFTH SUNDAY OF EASTER—MAY 3, 2026






**"Through faith and virtuous life, together with love and service,
we will lead people to Jesus and each other in charity."**

<p>SUNDAY MASSES Saturday 4:30pm Sunday 9:00am & 11:00am</p> <p>WEEKDAY MASSES Monday, Thursday 7:30am</p> <p>Tuesday, Friday, Saturday 9:00am</p> <p>Wednesday 7:00pm</p> <p>Public holidays 9:00am</p>	<p>RECONCILIATION Wednesday: 6:15 – 6:45pm Friday: During the Holy Hour Saturday: 3:45 – 4:15pm Or by appointment</p> <p>OFFICE HOURS: Monday to Friday 8:00am to 12:00pm 1:00pm to 3:00pm</p> <p>HOLY HOUR with Adoration and Benediction Friday: 9:30 – 10:30am</p>	<p>BAPTISM Speak to the Pastor after Sunday Mass for an information package.</p> <p>MARRIAGE Speak to the Pastor after Sunday Mass for an appointment. Approved Marriage Preparation and at least six months’ notice required.</p> <p>ANOINTING OF THE SICK Call the parish office.</p>
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NEW TO OUR PARISH? WE’D LOVE TO CONNECT!

**To register as a member of our parish, please fill out a registration form
available at the tables near the entrance of the church. Thank you, and welcome!**

FIFTH SUNDAY OF EASTER

<p>FROM THE PASTOR'S DESK</p>	 <p>MASS INTENTIONS</p>	
<p>Christ is completely committed to the Father and to us. He is the Way, the Truth, and the Life so that we may have eternal life.</p> <p>The Source of Life His commitment is total, and it is powerful. There is no ambiguity, no hesitation, in what he says. Christ forces no one to follow him; he simply lays out the truth before us. He is the Way to eternal life because everything he has to say or live tells the truth about that life. His truth is certain and reliable, for he himself is the source of life. People sometimes tell me that all religions are of equal value or that all denominations are the same—and they expect me to agree with them! The absolute commitment of the Lord Jesus reminds us that such thinking is not true. Other religions may have value, but none offer people what Christ freely gives.</p> <p>Making the Choice All this demands a choice. Shall we choose life and follow Christ, or shall we choose the opposite, death? Indifference, procrastination, or distraction will not lead us to the fullness of life. Shall we accept the offer of eternal life and imitate Christ? Those who have heard the Good News must make a decision. Choosing life, we join ourselves to the Lord and allow his power and love to live in us. His mercy overcomes our shortcomings and allows us endless new beginnings.</p> <p>Our True Home We are meant to live with Christ, in the fullness of love, forever. And in this life, as pilgrims on the journey, we adapt ourselves more and more to our true likeness until that day when we meet the Lord face-to-face and discover that we are indeed 'at home.'</p> <p>A Question What most helps you keep 'on the right track' as you go through the daily events of life? May we always be conscious of Christ's love throughout the daily events of life.</p> <p align="right"><i>H. Frank</i></p>	<p>Saturday 4:30pm</p>	<p>May 2, 2026-5th Sunday of Easter All Parishioners</p>
	<p>Sunday 9:00am</p>	<p>May 3, 2026-5th Sunday of Easter †Rilla Nichols by the Jackson family For the intentions of Austin & Hanna Leduc</p>
	<p>11:00am</p>	<p>†Jack & Mark Teevens by Eileen and the family †Jean-Louis Robert by Francine Brisebois & Richard Gauvreau</p>
	<p>Monday 7:30am</p>	<p>May 4, 2026 Deep gratitude for my Guardian Angel by A. Elbet</p>
	<p>Tuesday 9:00am</p>	<p>May 5, 2026 †Molly & Pat McLaren</p>
	<p>Wednesday 7:00pm</p>	<p>May 6, 2026 †Marcus Francis Serrao by Kitty Serrai</p>
	<p>Thursday 7:30am</p>	<p>May 7, 2026-St. François de Laval †Terry Serrao by Kitty Serrao</p>
	<p>Friday 9:00am</p>	<p>May 8, 2026 †Commemoration of Rick's 80th Birthday by the McLauchlan family</p>
	<p>Saturday 9:00am</p>	<p>May 9, 2026 All living & deceased members of the IHM-CWL Council of Canada</p>
	<p>Saturday 4:30pm</p>	<p>May 9, 2026-6th Sunday of Easter All living & deceased members of the Corkery & McNamara families by the Corkery family †Arnold & Blondine Leroux by Donna</p>
<p>Sunday 9:00am</p>	<p>May 10, 2026-6th Sunday of Easter †Garfield Grant by Claire Grant & family Intentions of the Pace family by Joe & Cathy Healy</p>	
<p>11:00am</p>	<p>All Parishioners</p>	
 <p>MASS READINGS</p>	 <p><i>Pray For...</i></p> <p>Dan Smedra, Dusan Kocian, Sheila Fitzpatrick, Fe Tabora</p>	
<p>First Reading (Acts 6:1-7), Second Reading (1 Peter 2:4-9), Gospel (John 14:1-12).</p>		

PARISH ANNOUNCEMENTS

Some Coming Events

May 3 Coffee Sunday

May 14 March for Life

May 17 Parish Breakfast

May 20 Healing Mass

May 24 Pentecost

May 28 Parish Annual Meeting

May 31 Trinity Sunday

Jun. 7 Corpus Christi

Jun. 12 Sacred Heart

Jun. 13/14 Feast of IHM

July 1 Canada Day reception

Ministers of Communion and Readers

We are in need of more people to assist with the distribution of Holy Communion at Mass. We also need more people to read at the weekend Masses. Both involve being scheduled about once a month. Training is provided. Contact Aileen Comerton (613-731-2701) or the office for more details.

Coffee Sunday

Join us after Mass in the parish hall for our Heart to Heart Coffee Hour. Come enjoy coffee, tea, snacks, and more in a cozy setting. New to the parish? This is a great way to meet your fellow parishioners and discover ways in which you can benefit from the many opportunities available here. Sponsored by the Secular Franciscans in our parish.

Pope Leo's Prayer Intention

May: That everyone might have food. Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food and to ensure that everyone has access to quality food.

Questions about Death and End of Life Care?

Our program 'Horizons of Hope: A Toolkit for Catholic Parishes on Palliative Care' continues on **May 3** (Sunday), from 1:00 - 5:00pm. Participants found last week's session enlightening and helpful. Our faith in Jesus Christ has much to teach us about living well until the end of life. Join us to learn more about palliative care, the dying process, accompaniment, discernment and decision-making at the end of life. To register, see the sign-up sheet at back of church or in the hall just before 1:00pm.

Healing Mass

Join us on **Wed. May 20** at 7:00pm; the Mass will include the Sacrament of the Anointing of the Sick. After Mass, there will be the opportunity for individual prayers for healing for those who wish. All are welcome.

Pastoral Care Ministry – Volunteer Meeting

We invite all volunteers to a meeting on Sat. **May 23** from 10:00-11:00 a.m. in the church hall to share updates and explore ways to become involved in this important ministry of visiting and supporting the sick and homebound. To confirm your attendance please reply to caroldavid1565@gmail.com

In Appreciation - Annual Meeting

There are times when it is important for us to say, 'Thank You' to those who have given dedicated service over the years without seeking recognition. Following a brief Parish Annual Meeting on **Thurs. May 28** at 7:00pm, we will express our appreciation to a number of parishioners. All are welcome to join us.

Hard of Hearing?

Using earbuds/ earphones and your FM receiver, you now can get the signal from our sound system directly to your ears by tuning in to **FM 92.3 MHz**. Your tuner has to be on exactly the right frequency so turn the dial slowly - you may need to venture a bit left or right before you get our signal. Note that cell phone 'apps' may take you to something completely different.

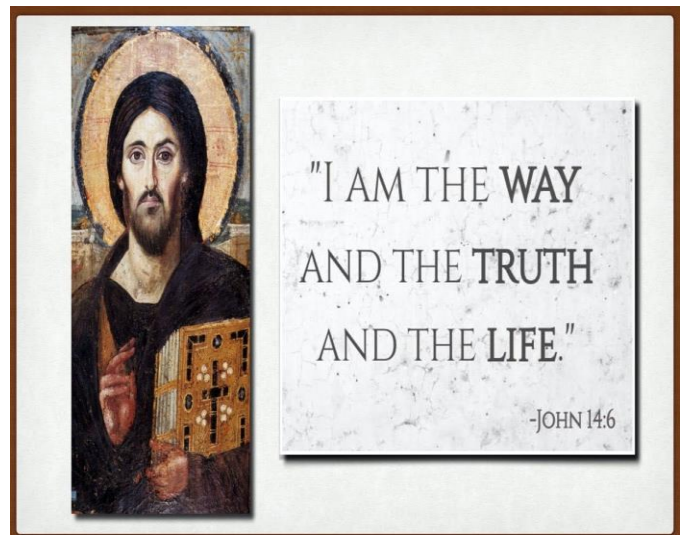
AROUND THE DIOCESE

March For Life May 14

The 2026 theme is "FOLLOW ME" which is first and foremost an invitation to be disciples of Jesus. It is also an invitation to follow our spiritual and pro-life leaders onto the Hill for the 2026 National March for Life. Join them on Parliament Hill at noon on **Thurs. May 14** to be a voice for the voiceless. For Masses and other events from May 12-5, go to <https://marchforlife.ca/event/rally-march-2026/>

Vocations Videos - Ottawa

<https://www.youtube.com/playlist?list=PL67uz0nV5myymi6rQDMJ9m9kH2WKj5v5E>



PARISH STAFF

Pastor: Rev. Frank Brewer
Resident Priest: Rev. Thomas Nyambunde C.M.
Office Manager: Scott Ventureyra, PhD
Custodian: John Pike

PARISH COMMUNITY DIRECTORY

Finance Council: David Burke.....613-526-0572
Pastoral Council: James Wiles...(613) 799-7907; jwiles1310@gmail.com

Readers and Ministers of Communion
 Aileen Comerton.....613-731-2701; aileenm.comerton@gmail.com

Choirs
 Sat, 4:30pm - Christina Ronzio
 Sun, 9:00am - Elisa Pulmano.....613-680-5361
 Sun, 11:00am - Francine Brisebois.....613-824-9199

Children's Liturgy of the Word – Sun 9:00am
 Aleks Paliga.....613-325-2902; aleks.p@gmail.com

Environment
 Jackie Comerton613-521-1287

Catholic Women's League
 Helen Blaskie.....613-523-6805
 Meets 2nd Saturday Sept-May in the Boardroom after the morning Mass





Knights of Columbus Council 13701
 John Blaskie.....613-523-6805

Pastoral Care Ministry
 Carol David: 613-291-2850; caroldavid1565@gmail.com

Prayer Group
 Moira Matthews: 613-421-4476; moiramatthews@rogers.com

Secular Franciscan Order
 Patrick Denison.....613-265-4453
 Meets monthly, first Saturday, Sept-June, 10:00am- Noon

Outreach to the Poor
 Call the parish office.....613-733-9636

	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>Advertise with Us</p> <p>Would your business like to reach a local, engaged community? Different ad sizes available. For rates, please contact the parish office at 613-733-9636 or email us at ihmparish@rogers.com.</p> </div>
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